

WEEK 5

K-1 LESSON



Need to Know: *God Wants My Family to Help Each Other*

Bible Story: *Moses and Aaron (Exodus 4-17)*

Circle Up

1

1. WELCOME kids to our series, “Ohana,” and TELL them your name. Then SAY: *In this series, we’re pretending to be on an island, and there are lots of fun things to do on island like tossing a beach ball with our family. We’re going to pass this beach ball around the circle. When it comes to you, help us get to know you by telling the group your name and then tossing the beach ball to the next person.*
2. After all kids have been introduced, SAY: *Thanks for helping us all get to know you. In every Ohana, or family, there are so many ways we can help out. What we need to know today is that God wants our families to help each other! Let’s say that together:*

God Wants (both fingers point up)

My Family (arms open wide)

To Help Each Other (reach out, palms up)

Read the Bible

2

1. SAY: *In the second book of the Bible, called Exodus, there’s a story about two brothers who helped each other. I’m going to give each one of you six marshmallows, a paper plate, and a stick because we’re going to help our totem pole come together as we learn this Bible story. Listen for my instructions, and I will help you build your totem pole!*
2. **SANITIZE** kids’ hands and **GIVE** each kid six marshmallows, a paper plate, and a stick. Then, **READ** the **Bible Story Cards** to the group.
3. After the story, **ALLOW** kids to eat their totem poles and **ASK**:
 - *What did Aaron do to help his brother Moses—did he hold up his arms or teach him to hula?* (Held up his arms) *You’re right! Aaron did a lot of things to help his brother because he knew that God wants families to help each other.*
 - *When someone in your family is in a challenging situation, would it be better to pretend you don’t see them or ask them how you can help?* (Ask them how you can help) *Yes, just like Aaron helped Moses, God wants us to help the people in our family, too. That’s what we need to know today, so let’s say it together:*

God Wants (both fingers point up)

My Family (arms open wide)

To Help Each Other (reach out, palms up)

Let’s Practice

3

1. SAY: *Now, let’s play a game to see how God wants us to help our families! The floor is turning to lava, and we have to help a family of island animals get to safety!*
2. **MOVE** away from the group several feet and **SPREAD** out the **Animal Cards**. **MAKE** a path back to the group with the **Rock Cards**.
3. Then SAY: *Where you are sitting now is safe, but we need to help our animal friends that are on the other side of the volcano. To do that, we’re each going to take turns crossing the volcano and picking up an Animal Card. Once you have it, walk carefully back across, and then I’ll read the question on the back of your Card once you sit back down. Remember, the floor is lava between you and the animals, so only step on the rocks or else you’ll burn your feet!*
4. **PLAY** until every child has had a chance to cross to the other side, pick up an animal, and cross back. Some **Animal Cards** may need to be reused so that every child has a chance to cross over and help an animal.
5. **COLLECT** the **Rock Cards** and **Animal Cards**. Then SAY: *Great job! Now this animal family is safe from the lava! The floor isn’t lava anymore!*
 - *If we hadn’t helped rescue this animal family, would they be safe now?* (No) *That’s right! We had to carefully get to the other side and help bring them back to safety.*
 - *Whenever we see one of our family members in a challenging situation, what can we ask them?* (**ALLOW** responses) *We can say, “How can I help?” and then do whatever they need!*

6. SAY: *Now, let’s say our Need to Know together again:*

God Wants (both fingers point up)

My Family (arms open wide)

To Help Each Other (reach out, palms up)

 **MAKE** the path between the **Animal Cards** and the child very small so that the child can reach across the **Rock Cards** to the animal and hop it back across the rocks.

Memorize It

4

1. SAY: *There's a verse in the Bible that tells us how to treat everyone we know like family. I want to teach it to you now. Just repeat after me:*
 "Love each other (hug self)
 as brothers (one arm goes out wide)
 and sisters (other arm goes out wide)
 and honor others (arms forward, palms up)
 more than you do yourself." (thumbs to chest)
 Romans 12:10 (make book with hands)
 2. PRACTICE saying the verse with the group two times, having them repeat each line with the motions.
 3. PLAY "Don't Let the Beach Ball Fall" by passing the **beach ball** and saying the next word in the memory verse. If the **beach ball** falls, pick it back up and start at the beginning of the verse.
 4. CONTINUE playing as time allows, seeing if the group can keep the **beach ball** in the air and say the verse faster each round.
 5. TELL kids that they have a few more weeks this summer to memorize this verse, and if they do, they will win a prize!
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Let's Pray

5

ASK your group for any prayer requests. Then PRAY the following for your group:

- That they would be thankful for their families
 - That God would show them how to help their families this week
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Stay Together

6

KEEP kids engaged in Small Group until they are checked out by doing the following activities:

- PLACE the **crayons** in the center of the group and GIVE each child a **Coloring Sheet**. REVIEW the memory verse with the group as they color.
- PLAY "The Floor is Lava" with the following instructions:
 - PLACE the **Rock Cards** in a circle in the center of the group with one less **Rock Card** than there are kids.
 - CHOOSE one child to be the tour guide. HAVE the child lead the group on a hike (walk) around the volcano (rock cards).
 - When the tour guide says, "The floor is lava," kids should get to the closest rock.
 - Whoever doesn't make it to a **Rock Card** before the floor turns to lava is out.
 - REMOVE one **Card** after each round, and the last child left is the winner.
- PLAY "Human Limbo" by having two kids hold their arms out, touching fingertips together to create human limbo sticks. Then GIVE each child a turn to pass under the limbo sticks. Once each child has had a turn, CHOOSE two different kids to be the limbo sticks. CONTINUE playing as time allows.
- TOSS the **beach ball** around the group. HAVE kids count as they catch it. SEE how high the group can count without letting the **beach ball** touch the ground.