



Need to Know: God Wants My Family to Help Each Other

Bible Story: Moses and Aaron (Exodus 4-17)

Circle Up



1. WELCOME kids to our series, “Ohana,” and TELL them your name. Then SAY: *In this series, we’re pretending to be on an island, and there are lots of fun things to do on an island like tossing a beach ball with our family. We’re going to toss this **beach ball** around the circle. When it comes to you, help us get to know you by telling the group your name and then tossing the beach ball to someone else.*
2. After all kids have been introduced, SAY: *Thanks for helping us all get to know you. In every Ohana, or family, there are so many ways we can help out. What we need to know today is that God wants our families to help each other! Let’s say that together* (motions are optional for 4-5):

God Wants (both fingers point up)
My Family (arms open wide)
To Help Each Other (reach out, palms up)

Read the Bible



1. SAY: *In the second book of the Bible, called Exodus, there’s a story about two brothers who helped each other. I’m going to give each one of you six **marshmallows**, a **paper plate**, and a **stick** because we’re going to help our totem pole come together as we learn this Bible story. Listen for my instructions, and I’ll help you build your totem pole!*
2. **SANITIZE** kids’ hands and **GIVE** each kid six marshmallows, a paper plate, and a stick. Then, **READ** the **Bible Story Cards**. After the story, **ASK**:
 - *What did Aaron do to help his brother Moses?* (Talked for him, held up his arms) *You’re right! Aaron helped his brother, Moses, because he knew that God wants families to help each other.*
 - *When someone in your family is in a challenging situation, what would be the best thing to say to them?* (ALLOW responses) *One of the best things you can say is, “How can I help?” Just like Aaron helped Moses, God wants us to help the people in our family, too. That’s what we need to know today, so let’s say it together* (motions are optional for 4-5):

God Wants (both fingers point up)
My Family (arms open wide)
To Help Each Other (reach out, palms up)

Let’s Practice



Option 1: Lava Rock Pick Up

1. **DIVIDE** the group into two teams. Have teams scoot to sit together as you **SPREAD** the **Rock Cards** between the teams, rock side up. Then SAY: *Let’s play a game to see how we can help each other in our families. In this game, your teams will compete to collect lava rocks. But you have to be careful because under some of these rocks is hot lava! People on each team will take turns picking up rocks with a **sticky hand**—because we wouldn’t want your hands to get burnt. If the rock you choose has a question on the back of it, you get to answer the question and keep the rock. But if the rock has lava on the back of it, you lose your turn and don’t get to keep the rock. The team with the most rocks in the end, wins.*
2. **GIVE** each team a **sticky hand** and **ALLOW** teams to take turns choosing a **Rock Card**. If there’s a question on the back of the **Card**, **HAVE** them give it to you and **READ** the question aloud. **ALLOW** the team to answer and **GIVE** them the **Card** to keep. If there’s lava on the back of the **Card**, **HAVE** them give it to you, **KEEP** the **Card**, and **HAVE** the other team take a turn.
3. **PLAY** until all **Rock Cards** have been collected or as time allows. Then SAY:
 - *What is one way you can help your family this week?* (ALLOW responses) *Those are all great ways to help! We can help our families by doing our chores, obeying even when we don’t want to, telling one another the truth of God’s Word, and so much more!*
 - *Even when you’re in the middle of something, if you see somebody who needs help, what can you ask them?* (“How can I help?”) *God wants our families to help each other, because He knows that we all need help sometimes!*
4. SAY: *Now, let’s say our Need to Know together again:*

God Wants (both fingers point up)
My Family (arms open wide)
To Help Each Other (reach out, palms up)

Option 2: On Back (4-5 Only)

Option 2: Group Discussion (4-5 only)

1. GENERATE group discussion for 5-6 minutes by asking the following questions:
 - *What is one way you can help your family this week?*
 - *Have you ever had to give up something you wanted to do in order to help someone you love?*
 - *Why do you think God wants us to help each other?*
 2. Once the group has answered the questions, REVIEW the Need to Know together: *God Wants My Family to Help Each Other*
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Memorize It

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1. SAY: *There's a verse in the Bible that tells us how to treat everyone we know like family. I want to teach it to you now. Just repeat after me* (motions are optional for 4-5):
 - “*Love each other* (hug self)
 - as brothers* (one arm goes out wide)
 - and sisters* (other arm goes out wide)
 - and honor others* (arms forward, palms up)
 - more than you do yourself.”* (thumbs to chest)
 - Romans 12:10* (make book with hands)
 2. PRACTICE saying the verse with the group two times, having them repeat each line with the motions.
 3. PLAY “Don’t Let the Beach Ball Fall” by passing the **beach ball** and saying the next word in the memory verse. If the **beach ball** falls, pick it back up and start at the beginning of the verse.
 4. CONTINUE playing as time allows, seeing if the group can keep the **beach ball** in the air, and say the verse faster each round.
 5. TELL kids that they have a few more weeks this summer to memorize this verse, and if they do, they will win a prize!
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Let's Pray

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ASK your group for any prayer requests. Then PRAY the following for your group:

- That they would be thankful for their families
 - That God would show them how to help their families this week
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Stay Together

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KEEP kids engaged in Small Group until they are checked out by doing the following activities:

- PLAY “The Floor is Lava” with the following instructions:
 - PLACE the **Rock Cards** in a circle in the center of the group with one less **Rock Card** than there are kids.
 - CHOOSE one kid to be the tour guide. HAVE the child lead the group on a hike (walk) around the volcano (rock cards).
 - When the tour guide says, “The floor is lava,” kids should get to the closest rock.
 - Whoever doesn’t make it to a **Rock Card** before the floor turns to lava is out and sits down.
 - REMOVE one **Card** after each round, and the last kid left standing is the winner.
- PLAY “Human Limbo” by having two kids hold their arms out, touching fingertips together to create human limbo sticks. Then GIVE each child a turn to pass under the limbo sticks. Once each child has had a turn, CHOOSE two different kids to be the limbo sticks. CONTINUE playing as time allows.
- TOSS the **beach ball** around the group. HAVE kids count as they catch it. SEE how high the group can count without letting the **beach ball** touch the ground.